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East, East Midlands, London, North of England, North West, South, South East, South West,
West Midlands, Yorkshire and the English Schools

Affiliated to: The Commonwealth Gymnastics Confederation and The Commonwealth Games Council for England

www.englishgymnastics.org.uk

ENGLISH WOMEN'S BRONZE, SILVER & GOLD CHAMPIONSHIPS 2016

(Formerly – English Women's Bronze & Silver Championships)

Venue:

New College, Greencoat Road, Leicester, LE3 6RN

Competition Date:

Women's Bronze Championships Saturday 12th November 2016

Women's Silver & Gold Championships Sunday 13th November 2016

Entry Closing Date:

Friday 23rd September 2016 (late, incorrect or incomplete Entries will NOT be accepted)

Competition Organisers:

Sue James / Barry McLaughlin

Contact:

EGA Admin Manager: Jan Charlton (Email: jan.charlton@englishgymnastics.org.uk)

COMPETITION CRITERIA:

1. Bronze Junior: Aged 9/10 in year of competition
2. Bronze Intermediate: Aged 11/12 in year of competition
3. Bronze Senior: Aged 13+ in year of competition

1. Silver Junior: Aged 10/11 in year of competition
2. Silver Intermediate: Aged 12/13 in year of competition
3. Silver Senior: Aged 14+ in year of competition

1. Gold: Age 11+ in year of competition

- All Sections will be judged using FIG Competition 1 (Cycle 13 – 2013) Rules. (Except where stated on the attached Rules).
- Competing Gymnasts will qualify for awards, as long as they hold a valid British Passport, are resident in the UK, are members of an **ENGLISH** British Gymnastics registered Club, are Current members of British Gymnastics and are eligible to compete for Great Britain under FIG Rules.
- **Gymnasts CANNOT enter these Competitions if they have competed at British or English Senior, Junior or Espoir Championships level or have represented their country at any level or in Age Compulsory Level 3, 2 or 1 in the previous TWO years, or who attained the qualifying score to enter the British Artistic Championships in 2016.**
- All competing Gymnasts and Coaches **MUST** be Current Members of British Gymnastics.

ENTRY FEES:

Fees for 2016 have been set at £30 per Gymnast and are **NON-REFUNDABLE**. For this year's event, Clubs must enter their gymnasts' entry details online via the British Gymnastics, GymNet Competition Entry System. To do this – please log on to: <https://memberportal.british-gymnastics.org/GymNet/>. First time users of the system should contact the Customer Service Dept at British Gymnastics on Tel: 0345 1297129 Ext 2395 to enable event entry permission to be added. Any problems/queries relating to the on-line entry process, please contact the EGA Admin Manager, Jan Charlton, on Tel: 0345 1297129 Ext 2640. ***Please note that the online entry system will only allow payment by Debit/Credit Card and Entries Fees paid by BACS/Cheque are not permitted.***

NUMBER OF ENTRANTS:

The number of Entrants for each **LEVEL** (not Age Group) is restricted to 90 Gymnasts. Entries will be accepted strictly on a 'first come, first served' basis.

COACHES:

- One (1) Coach per Gymnast from two (2) nominated will be permitted on to the Competition area at any one time.
- **All Coaches should be qualified to the Level of the participant's performance (ie hold a Current Award appropriate to the skills being performed by the Gymnast). The Coach also has a duty to ensure that the participant is adequately prepared for the event.**
- All Coaches **MUST** be current Full, Joint or Life Members of British Gymnastics.

ORDER OF ROTATION:

The Draw will be included with your Competition Programme, which will be sent to you in advance. Where possible, we will endeavour to keep Gymnasts from the same Club together. We reserve the right to change the Order of Rotation and/or timing as may be necessary.

AWARDS, PRIZES & PRESENTATIONS:

- The Overall Bronze and Silver Junior, Intermediate & Senior and Gold Champions will be awarded salvers along with an AA Gold Medal.
- Apparatus Winners, within each Section / Piece, will be determined by the AA scores. Medals will be awarded for 1st to 3rd.

SPECIAL NOTE FOR VAULT:

Bronze, Silver and Gold levels will be able to do 2 Vaults from the same group. Highest score to count.

PROTESTS:

Protests are permitted and should be handed to the Competition Director (Sue James) along with a £15 Protest Fee. Protests will be accepted within ONE rotation of the performance being questioned (ie if you are protesting a Gymnast's performance on the first apparatus, an official application must be received before the Gymnast rotates to their 3rd piece). The Fee will be returned if the Protest is successful or retained if the Protest is denied.

EQUIPMENT:

- In accordance with the current FIG Rules, Bars may be raised in order to cater for taller Gymnasts. Please let Jan Charlton know if this will be required for any of your Gymnasts.
- Spring Boards – Super and Sprung boards will be provided. Gymnasts will not be permitted to bring their own spring boards.

VERY IMPORTANT NOTES – PLEASE READ!

1. Please endeavour to have your Gymnasts registered at the time stated.
2. Gymnasts are to provide their own chalk.
3. Numbers for Gymnasts will be provided at registration.
4. If you have any withdrawals – please email these (up to 48 hours before the event starts) to the EGA Admin Manager, Jan Charlton (Email: jan.charlton@englishgymnastics.org.uk) or contact Sue James on Mobile 07595 902240.
5. Spectator Tickets will be available to purchase on the door and are priced at £10.00 for adults and £7.00 for 15 & Under/Seniors. **Payment by cash only.**
6. Please ensure you bring Floor music on a CD only to the event, which should be clearly labelled with the Gymnast's Number, Name and Club. Please hand the CD in at registration and ensure that the Gymnast's Number is shown to the Announcer prior to commencing the Floor Routine.
7. If a Gymnast fails to compete on any piece, please inform the Judges in order that a zero score can be entered.
8. The British Gymnastics Jewellery Policy will be enforced for both Gymnasts and Coaches throughout the event.